

SPRING DEVELOPMENT MEET

Manurewa Pool and Leisure Centre
SYKES ROAD, MANUREWA
Sunday 15th October 2023
11-00 AM warm-up - 11-30 AM start

ALL EVENTS ARE MIXED and TIMED FINALS.

1	200m	I.M.	2	50m	Backstroke
3	50m	Butterfly	4	100m	Breaststroke
5	100m	Freestyle	6	100m	Butterfly
7	100m	I.M.	8	200m	Backstroke
9	50m	Breaststroke	10	50m	Freestyle
11	100m	Backstroke	12	200m	Breaststroke
13	200m	Freestyle			

Meet Conditions

Tech Director & Contact: Keith Melvin Ph: 027-482-5519

Meet Manager: Geoff Sibun Ph: 274-4757 - 021-968-512 - geoffsibun@gmail.com

ENTRIES: \$8.00 per event.

For registered members of SNZ in both Individual events will be through the Swimming New Zealand membership database. For individuals entering

online payment will be by Credit/Debit Card Only.

If a Credit/Debit Card is not available please contact your Club. Bank Account No ASB 12-3032-0754492-01 — Club & Surname as

Reference

AGE: As at the First day of the Meet.

OPEN: Online entries will open on 1st August 2023.

CLOSE: Friday 13th October 2023.

Late Entries may NOT be accepted.

All times to be converted to short course times.

Entries with No Times May be accepted if Time is available.

PROGRAMMES: Download your copy from web page – <u>www.swiminfo.co.nz</u>

Time Buster Ribbons.

WITHDRAWALS:

SW Withdrawal rules will apply as follows:

1. ALL withdrawals must be lodged in writing at least 30 mins prior to the start of that session.

2. An entrant not complying with the above will be deemed a late withdrawal and may be fined.

REFUNDS:

Refunds on medical grounds will only be given when a medical certificate, signed by a medical practitioner, is supplied.

Officials:

All clubs to supply 2 Qualified or Trainee Timekeepers + 2 I.O.T'S please.

We also welcome other officials to put their name forward.

Please supply official's names with entries.

Swimmers with strapping must provide signed documentation from a health practitioner or physiotherapist to the Technical Director prior to swimming. Any swimmer without signed documentation may NOT be permitted to swim.

Technical/Performance Race Suits:

In the interests of athlete development and retention, the Board of Swimming Waikato has banned the use of Technical / Performance Race Suits for swimmers aged 12 years and under.

This ban will be effective at all swim meets hosted by Swimming Waikato or a Swimming Waikato member club.

This policy came into effect on 15 March 2019.

General Info:

Manurewa Swimming Club reserves the right to restrict event numbers if entries exceed the nominated time frame.

All events are timed finals with, over the top starts will be implemented.

The pool Depth is 2mtr & certified. Manual timing will be utilised.

The Meet will be conducted under SNZ's rules, regulations, FINA by-laws & rules with Local Conditions applied.

Manurewa Swimming Club will not be responsible for any loss or damage to personal belongings during this Meet.

Protests must be submitted in writing, on a SNZ Protest Form, by the responsible team leader to the session referee along with \$100.00 CASH.

All participants must agree to comply with the Sports Anti-Doping Rules.

In entering this Meet participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Manurewa Swimming Club & or Swimming Waikato, their sponsors or others.

ALL photographers must be approved by the Technical Director or Meet Manager.

The meet emphasis is to provide a competition that will play a crucial part in preparing swimmers and coaches leading into the 50m national summer competitions. We aim to provide age groups and open level swimmers with robust competition. This meet will allow top-level athletes to race fast and focus on areas of their swimming they wish to improve. We challenge swimmers to select non-preferred distances and strokes to strategically maximise FINA points to promote, celebrate and reward high individual achievements.

Officials & Team Managers Meeting 1/2 Hour Prior to Start of the Session.